

Gen Geiko (Intensive Training)

Friday the 2nd - Sunday the 4th of May

This course which is open to all, will be of great advantage to those grading soon. All aspects of the style will be covered in great detail from Iri-Kumi to advanced kata.

Friday 6.30-9.30pm

Saturday 10.00-1.00pm and 2.00-4.00pm Welcome party 5.00-7.00pm

Sunday 10.00-1.00pm and 2.00-4.00pm BBQ and DVD's 5.00-7.00pm

£45 for the whole course which includes food + welcome party, BBQ

£40 for the weekend including food + welcome party, BBQ

£25 for one day including food

£5 per night accomodation in the dojo

Those travelling from abroad can pay on arrival

For further info call Sensei George

Mobile 0771 1537064 or email

ga@otgka.co.uk

